

○	Full Sun: Plant prefers or tolerates total sunlight for at least six hours of the day.
◐	Part Shade: Dappled or thin shade all day, full sun for three hours followed by full shade for three hours, and so on.
●	Full Shade: Plant prefers or tolerates complete shade almost all day, can grow in the understory of forests.

The following plant lists were developed from an extensive list from *Edible Forest Garden*. These plant species are chosen for their preference or toleration of sandy acidic soils. Sandy soils such as the ones found on site, have little capability of retaining water. These plant species will prefer or tolerate the lack of water due to their drought tolerance, and will provide for a more sustainable forest garden. The following tables are organized by plant form.

Botanical Name	Common Name	Sun	Form	Hedgerows	Cane Fruits	Herb & Greens	Insectary Plants	N ₂ Fixer	Swales	Fruit-Bearing Shrubs	Vines	Dynamic Accumulators	Native Edibles	Ground Covers	Wildlife Food &/or Shelter
<i>Borago officinalis</i>	borage	○	annual herb			✓	✓								
<i>Chamaemelum nobile</i>	chamomile	○	prostrate herb			✓	✓				✓		✓		
<i>Chimaphila maculata</i>	pipsissewa	◐	prostrate herb										✓		
<i>Chrysogonum virginianum</i>	green and gold	◐	prostrate herb				✓						✓		
<i>Houstonia caerulea</i>	blueets	◐	prostrate herb										✓		
<i>Lotus corniculatus cv.</i>	prostrate bird's-foot trefoil 'plena'	◐	prostrate herb				✓	✓					✓		
<i>Maianthemum canadense</i>	false lily-of-the-valley	◐	prostrate herb										✓		
<i>Panax trifolius</i>	dwarf ginseng	◐	prostrate herb			✓	✓					✓			
<i>Phlox subulata</i>	moss pink	○	prostrate herb										✓		
<i>Rumex acetosella</i>	sheep sorrel	○	prostrate herb			✓	✓				✓				
<i>Satureja douglasii</i>	yerba buena	◐	prostrate herb	✓		✓	✓				✓		✓		
<i>Viola labradorica</i>	Labrador violet	◐	prostrate herb	✓		✓					✓	✓	✓		
<i>Antennaria dioica</i>	pussytoes	◐	prostrate-small herb			✓	✓						✓		
<i>Antennaria plantaginifolia</i>	pussytoes	◐	prostrate-small herb				✓						✓		
<i>Callirhoe involucrata</i>	purple poppy-mallow	◐	prostrate-small herb			✓	✓						✓		
<i>Chimaphila umbellata</i>	pipsissewa	◐	prostrate-small herb										✓		
<i>Cornus canadensis</i>	bunchberry	◐	prostrate-small herb						✓			✓	✓		
<i>Erythronium americanum</i>	trout lily	◐	prostrate-small herb	✓		✓							✓		
<i>Fragaria moschata</i>	musk strawberry	◐	prostrate-small herb		✓	✓	✓				✓		✓		
<i>Fragaria virginiana</i>	wild strawberry	◐	prostrate-small herb		✓	✓	✓				✓	✓	✓	✓	
<i>Potentilla anserina</i>	silverweed	○	prostrate-small herb			✓	✓				✓	✓	✓		
<i>Trifolium repens</i>	white clover	◐	prostrate-small herb	✓		✓	✓	✓			✓		✓		
<i>Verbena canadensis</i>	rose verbena	◐	prostrate-small herb			✓							✓	✓	
<i>Waldsteinia fragarioides</i>	barren strawberry	◐	prostrate-small herb										✓		
<i>Achillea ptarmica</i>	white tansy yarrow	○	small herb			✓									
<i>Aralia nudicaulis</i>	wild sarsaparilla	◐	small herb			✓	✓					✓	✓	✓	
<i>Artemisia frigida</i>	fringed sagebrush	◐	small herb				✓						✓		
<i>Campanula carpatica</i>	Carpathian bellflower	◐	small herb			✓	✓						✓		
<i>Coreopsis auriculata</i>	dwarf tickseed	◐	small herb				✓						✓		
<i>Cunila origanoides</i>	Maryland dittany	◐	small herb	✓		✓	✓					✓			
<i>Fragaria vesca</i>	woodland strawberry	◐	small herb		✓	✓	✓				✓		✓	✓	
<i>Fragaria vesca alpina</i>	alpine strawberry	◐	small herb		✓	✓	✓				✓		✓	✓	
<i>Fragaria x ananassa</i>	garden strawberry	○	small herb		✓	✓	✓				✓		✓	✓	
<i>Hylotelephium telephium</i>	orpine	◐	small herb	✓		✓	✓						✓		
<i>Lycopodium clavatum</i>	running club moss	◐	small herb	✓									✓		
<i>Oxyria digyna</i>	mountain sorrel	◐	small herb			✓						✓			
<i>Podophyllum peltatum</i>	mayapple	◐	small herb		✓							✓	✓		
<i>Sedum reflexum</i>	stonecrop	◐	small herb			✓	✓						✓		
<i>Symphytum grandiflorum</i>	large-flowered comfrey	◐	small herb				✓				✓		✓		
<i>Uvularia sessilifolia</i>	bellwort	◐	small herb	✓		✓						✓			
<i>Veronica officinalis</i>	speedwell	◐	small herb			✓	✓					✓	✓	✓	
<i>Allium schocnoprasum</i>	chives	◐	small-medium herb			✓	✓				✓		✓		
<i>Allium tuberosum</i>	garlic chives	○	small-medium herb	✓		✓	✓						✓		
<i>Aquilegia canadensis</i>	columbine	◐	small-medium herb											✓	
<i>Balsamorhiza sagittata</i>	balsamroot sunflower	◐	small-medium herb			✓	✓						✓		
<i>Blephilia ciliata</i>	downy wood mint	◐	small-medium herb	✓		✓	✓					✓			
<i>Chenopodium bonus-henricus</i>	good King Henry	◐	small-medium herb			✓									
<i>Dennstaedtia punctilobula</i>	hay-scented fern	◐	small-medium herb										✓		
<i>Erigeron pulchellus</i>	Robin's plantain	◐	small-medium herb				✓							✓	
<i>Geranium maculatum</i>	wild geranium	◐	small-medium herb	✓										✓	
<i>Hieracium venosum</i>	rattlesnake weed	◐	small-medium herb	✓			✓								
<i>Hydrophyllum virginianum</i>	Virginia waterleaf	◐	small-medium herb			✓	✓								
<i>Lilium philadelphicum</i>	wood lily	◐	small-medium herb			✓									✓
<i>Lupinus perennis</i>	lupine	○	small-medium herb				✓	✓			✓				
<i>Osmorhiza claytonii</i>	sweet cicely	◐	small-medium herb	✓		✓	✓					✓			
<i>Physalis heterophylla</i>	ground cherry	○	small-medium herb		✓							✓		✓	
<i>Polygonatum biflorum</i>	Solomon's seal	◐	small-medium herb	✓		✓						✓	✓		
<i>Rumex acetosa</i>	French sorrel	◐	small-medium herb			✓					✓				
<i>Senecio obovatus</i>	round-leaved ragwort	◐	small-medium herb				✓								
<i>Smilacina racemosa</i>	false Solomon's seal	◐	small-medium herb			✓			✓			✓			
<i>Trifolium pratense</i>	red clover	○	small-medium herb	✓		✓	✓	✓			✓		✓		
<i>Zizia aurea</i>	golden alexanders	◐	small-medium herb	✓		✓	✓					✓			
<i>Aster novae-angliae</i>	New England aster	◐	small-large herb			✓	✓	✓				✓			
<i>Cichorium intybus</i>	chicory	◐	small-large herb			✓	✓				✓				
<i>Smallanthus uvedalia</i>	leafcup	◐	small-large herb	✓		✓	✓								
<i>Urtica dioica</i>	stinging nettle	◐	small-large herb	✓		✓	✓				✓				

Source: Dave Jacke, *Edible Forest Gardens*, vol. 2, 2005.

Appendix A: Forest Garden Herb List